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News Release

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VA Researchers team up with Emory to provide seniors with enriching educational opportunities

The Atlanta VA Center of Excellence for Visual and Neurocognitive Rehabilitation (CVNR) strives to foster the health and well-being of our Veterans. The research scientists at the CVNR believe that helping to improve the mental health of Veterans through intellectual engagement is a very important part of that. Consequently, we are always seeking ways to help Veterans through education and mindful experiences. Since 2010, the CVNR's research scientists have been partnering with Emory's Osher Lifelong Learning Institute (OLLI) to actively engage seniors by offering continuing education opportunities.

OLLI is an educational adventure that provides seniors with high caliber courses and speakers to enrich their intellectual lives in a continuing education format. Open to all adults age 50 and above, this 8-week series of 1-hour sessions serves the greater Atlanta community of older adults who value an engaging intellectual and social experience and want to learn simply for the joy of learning and personal fulfillment.

CVNR research scientists have been involved with this program for several years, volunteering their time to present over 30 educational topics such as understanding brain function and health, health in aging, exercise, and mind and body connections.

For OLLI 2014, VA researchers will present several sessions for the spring and summer semesters. This year's theme is "Robust and Resilient Aging: An Update on Healthy Aging Research." This course will provide an overview of pertinent issues in aging, which are currently being researched at the VA Center for Visual and Neurocognitive Rehabilitation and Emory University. These topics will span language and spatial cognition, vision, caregiving, neuroscience, sleep, exercise, medication management, and novel, cutting edge therapies designed to maintain and promote robust and resilient aging.

How to get involved:

For a fee, senior students can enroll in up to four OLLI series (8 class sessions per series) or they can select any single series. OLLI at Emory is located at: 12 Executive Park Drive NE Atlanta, GA 30329.

- Spring Semester 2014: April 1, 2014 - May 22, 2014
- Summer Semester 2014: July 8, 2014 - August 14, 2014

For more information, visit OLLI's website at <http://ece.emory.edu/olli/>.